



The academic internship for the Bachelor's degree (B. Sc.) in Health & Care

Health and medical care, health and pediatric care, geriatric care,
speech therapy, physiotherapy and midwifery

Information for Students

Objectives and content

The academic internship is the first internship in the second stage of study. The goal is to apply and reflect on professional competences in complex care and treatment situations and in professional and therapeutic relationships to people in need of care and therapy. Students should recognize the necessity to consider the complex conditions influencing nursing and therapeutic situations in both the diagnosis and in interventions and evaluations. This form of reflective practice, combined with an increased academic foundation in nursing and therapeutic processes, helps students to integrate and internalize the strategy of Evidence-Based Practice into their actions to such an extent that it can be used continuously. In addition, the students should recognize and understand the dangers and limitations of blindly transferring academic findings into nursing and therapeutic practice.

The aim of the internship is also that students see their own role and become aware of and overcome their uncertainties while at the same time learning about the roles of other professionals in a multi-professional team. The students thus develop an understanding of the possibilities and limitations of successful cooperation and communicative processes of negotiation between the parties involved in various care and therapy situations.

Purpose and duration of the internship

The internship is done over 4 consecutive weeks in the 4th or 5th term and is equivalent to 3 credit points. It should be completed in a clinical practice in inpatient, outpatient or ambulatory care and therapy facilities or in other facilities, which provide nursing, physical therapy, speech therapy, maternity or obstetric care. Other possibilities include social institutions, networks, prevention and counseling or research projects at home or abroad. It is particularly important that the facilities are

up-to-date regarding current developments in the nursing and therapy professions, such as the introduction of nursing diagnoses, assessments or projects in Evidence based nursing and evidence-based practice of physical therapy, speech therapy and midwifery

In order to avoid role conflict, the internship should not be done with the student's employer

Work order and placement report

During the four-week internship students carry out an application-related project. For this, they select one or more nursing or therapy situations, clinical cases or therapeutic concepts and evaluate this according to the selected systematic research findings with regard to the adequacy of the intervention approaches and prospects and the limitations of its application.

The work order includes the following steps:

- Introduction to the theme of the project and justification of its relevance
- Brief description of the internship and its location
- Presentation of a relevant, answerable (research) question based on the care or therapy situation, the clinical case or the therapeutic concept that was chosen
- Planning and performing a literature search to find relevant scientifically-sound information that can contribute to answering the (research) question
- Critical evaluation of the literature in terms of external and internal evidence
- Implementation of initial scientific knowledge into the specific care or therapy situations, if possible
- Reflective comparison of the scientific knowledge with the specific, individual care or therapy situations and the specific clinical procedures
- Based on the comparison results, reasonable options should be deduced
- Conclusions and outlook

The results of the work order should be recorded in a written internship report and should be approximately 15-20 pages long. This counts as a performance record.

The criteria for writing a placement report can be found in the recommendations from the module 5 "Academic research and teaching methods".

The internship report is to be handed in to the "Praxisreferat" in duplicate in a folder no later than 10 days after the start of lectures in the following semester (SS)