



## **The academic internship for the Bachelor's degree (B. Sc.) in Health & Care**

Health and medical care, health and pediatric care, geriatric care,  
speech therapy, physiotherapy and midwifery

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### **Information for the placement institution**

#### **What is an academic internship?**

Students enrolled on the Bachelor's degree (B. Sc.) in Health & Care at the Catholic University of Applied Sciences (KFH) Mainz do a four-week internship between the 4th and 5th semester. At this point in time, they have already successfully completed vocational school and the first three semesters of their studies and are in the second study phase, the on-campus program. The aim of the internship is to apply and reflect on professional competences in complex care and treatment situations and in professional and therapeutic relationships to people in need of care and therapy.

#### **What tasks does the student do during the internship?**

During their internship, students have a specific task - an application-related project. In consultation with their adviser from the placement institution, students choose (one or more complex care or therapy situations, clinical cases or therapeutic concepts) related to current developments such as the introduction of nursing diagnoses, assessments or projects in Evidence-Based Nursing or evidence-based practice of physical therapy, speech therapy or midwifery. Students should describe the therapy situation systematically, outlining, for example, the action plans in place, the setting or the professional cooperation and, in light of current scientific evidence, reflecting, analyzing and evaluating. Their findings should be summarized in an internship report. This report is also given to the placement institution.

#### **Can the placement institution benefit from the internship?**

Students doing the Bachelor's degree (B. Sc.) in Health & Care at the Catholic University of Applied Sciences (KFH) Mainz are trained to be reflective practitioners.

In addition, they also possess specific knowledge, such as scientific basics, ethics, social science and economic fundamentals. In their project, they analyze nursing or therapy-relevant needs in the light of their newly acquired skills and, together with the person responsible for them at the institution, can look at therapy situations from a different angle.

Thus, the internship provides an opportunity for the placement institution to have light shed on, a section of the existing structures or treatment processes, based on selected current findings. In addition, the students work through practice situations with those responsible for them in an interactive, communicative way, thus making their perceptual and behavioral patterns more transparent.

### **What should the placement institution do?**

The placement institution provides the students with the environment necessary to do the internship task. The placement institution selects a direct contact person who is responsible for the student. The institution fills out a form confirming the internship. The form is available from the "Praxisreferat" in the Department of Health & Care at the KFH Mainz and serves as an internship certificate for the student.

It is important that the students are used as additional staff, alongside the daily workforce in the institution. This is to prevent students from working as full-time employees, in which case they would not be able to meet the overall objective of the internship.

### **Who is responsible for academic internships at the KFH Mainz?**

The Department of Health & Care at the KFH Mainz has a "Praxisreferat" who is responsible for all matters relating to internships and for all other placements in the department programs. The "Praxisreferat" can be reached as follows:

Monday to Friday from 9 a.m until 4 p.m.

Contact:

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